

2016 Health and Wellness Programs

Programs	No. of Recipients	Date of Implementation
Administration of Vaccines a. Influenza b. Hepatitis B	260 92	28-29 November 2016
Distribution of Vitamins a. Multivitamins b. Vitamin C c. Vitamin B Complex	260	26 October 2016
Annual Physical Examination a. Basic APE Package b. Comprehensive Blood Chemistry/Metabolic c. Hepatitis B Profile d. Tumor Markers e. Comprehensive Eye Examination f. Ears, Nose and Throat Examination g. Dental Check-up h. Pulmonary Function Test i. Whole Abdominal Ultrasound j. Electrocardiogram k. 2D Echocardiogram with Colored Doppler l. Breast Ultrasound m. Pap Smear Additional examinations for personnel who are 40 years of age and above: a. Carotid Ultrasound with Colored Doppler b. Mammogram c. Transvaginal Ultrasound d. Prostate Ultrasound e. Digital Rectal Examination	165	17 October to 09 November 2016